



Self-Reflection Sheet

Making the Decision

Specifically, when working with people with Intellectual Disabilities you need to take steps to minimize fear and anxiety at the end of life. As this can all be quite confusing to the person, be sure to provide adequate information in simple terms to help them understand what is happening and what they can expect.

What practical steps would you take to minimize fear and anxiety of a person with an ID at the end of life?

Record some key points and expressions below: