



## Information Sheet

### Key Strategies

#### **When dealing with persons with ID and bereavement**

- Provide accurate and honest information
- Provide support to process it (plain language)
- Provide opportunities for expression of grief and condolences
- For those who are non-verbal, grief will require some active form of creative expression such as painting, dance, or creating a photo album
- Provide reassurance
  - that there is no blame
  - on the ways things will be different
- Promote conversations about the loved one
  - to honour the lost life
  - to remember the love they shared
  - to think about what the person who has died might want for the individual
- Provide opportunities for the individual to make connections to the past, present and future:
  - Look at pictures and share memories
  - Make a book or a memory box about the person who died
  - Give them something that belonged to the person
  - Light a candle in honour of the person
  - Visit places they used to go together