



Reflection Sheet

Patient and Family Characteristics

The chart (shown on the next page) represents the **Domains of Issues** associated with a person who is experiencing illness and bereavement. This chart helps by seeing the person from all angles in order to achieve the best possible palliative care.

There are multiple issues that cause suffering. Those issues can be grouped into eight domains.

Consider each domain and write in observations that you have made about a patient care case or someone you have known.

Disease Management

Physical (such as pain)

Psychological (including emotions and fears)

Social (such as relationships and roles)

Spiritual (meaning values and beliefs)



Reflection Sheet

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Practical (such daily living activities)

End-of-life Care (or life closure and legacy creation)

Loss and Grief

