



Positive Behaviour Approach

Understanding Behaviour

- The positive behaviour approach is part of Applied Behaviour Analysis (ABA) that ensures these principles are incorporated into practice
- It focuses on changing the c _____ so the behaviour of concern is less likely to occur
- There is less focus on r _____ strategies to change behaviour and more focus on what can be done b _____ the behaviour occurs to reduce its n _____
- The individual is at the c _____ of all interventions
- Nothing is done without the individual's c _____ (to the best of their ability)
- The approach respects their rights for c _____ and r _____ as well as enhancing what the person can naturally do well or is interested in
- A behaviour persists because it meets a n _____
- A behaviour is an attempt to c _____ something
- Possible functions of a behavior include:
 - T _____ : "Give me"
 - E _____ : "Run Away"
 - A _____ : "Look at me"
 - S _____ : "It feels good"
 - B _____ / M _____ : "It hurts"

Is one of these functions happening before or after a behaviour?

- Behaviour overshadowing is the tendency to point to an e _____ cause of a behaviour rather than something that is a _____ causing the behaviour to occur. For example, crying is seen as an attempt to get your attention instead of a response to an ear infection.