



## What is Advanced Care?

- Opening a discussion
  - Values
  - Who needs to support you
  - Fears
  - Invasive treatments
  - CPR
- Sharing wishes with caregivers
- Assigning a Substitute Decision Caregiver
- Documentation of your plan
- Revisit plan annually or when health changes occur

### EVERYONE should have an Advanced Care Plan

- MUST for capable adults with advanced stage illness
- SHOULD for capable adults with chronic illness
- IDEAL to discuss with healthy capable adult

[Information Sheet No. ACEoLP1 has a corresponding Challenge Sheet No. R-ACEoLP1]