



Self-Reflection Sheet

Comfort Care

Dying is a natural process and is marked by some of these symptoms

- Ceasing to e_____ and d_____ is a normal part of the dying process
- H_____ is rarely experienced
- Nature's path to a peaceful death
- Decreased s_____
- E_____ caused by ketone formation
- Decreased a_____

Supportive care strategies

- Be mindful of symptoms (above)
- Careful assessment
- Treat all symptoms
- Moisten lips and mouth
- Provide "Comfort Care"

In your experience, what would "Comfort Care" look like? Write some key observations and thoughts below: